

Richard Kim, M.D.

Hand & Wrist Surgery, Congenital Hand Surgery, Plastic & Reconstructive Surgery www.richardkimmd.com

Directions to Vanguard Ambulatory Surgical Center

113 West Essex St. Suite 203 Maywood, NJ 07607

Phone: 201.291-9100 Fax: 201.623.2931

From Route 17 South to Vanguard Physician Offices

- 1. Head South on NJ-17S \sim 3.5 miles
- 2. Take the Essex St. exit towards I-80W towards Saddle Brook ~ 0.2 miles
- 3. Turn left onto Essex St. ~ 0.4 miles
- 4. Make a left turn at next stop light destination will be on left

From Route 17 North to Vanguard Physician Offices

- 1. Head North on NJ-17N
- 2. Take the ramp towards Essex St. and stay on the left turning lane
- 3. At the traffic light turn left onto Essex St,
- 4. At the next traffic light turn right into the driveway entrance for 113 Essex St and follow the road towards 113 Med building

From Route 3 East to Vanguard Physician Offices

- 1. Head southeast on NJ-3
- 2. Take NJ Route 17N exit towards Rutherford ~0.2 miles
- 3. Nerve onto NJ-17N \sim 6 miles
- 4. Take the exit towards Essex St/Maywood/Saddle Brook ~ 0.2 miles
- 5. Turn left onto Essex St. at light, and the building will be on the right

From Route 3 West to Vanguard Physician Offices

- 1. Head West on Route 3
- 2. Take exit towards Forrest Ave
- 3. Turn right onto Forrest Ave. ~ 0.4
- 4. Continue onto Maywood Ave. ~1.7 miles
- 5. Turn right onto Essex St. ~ 0.3 miles
- 6. Turn right at light into parking lot (113 Essex St. light)



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From Route 80 East to Vanguard Physician Office

- 1. Head east on Route 80 towards George Washington Bridge
- 2. Take exit 63 towards NJ 17N/Rochelle Park/Paramus
- 3. Turn left onto Riverview Ave (bridge)
- 4. Turn right onto Essex St.
- 5. Turn left at second traffic light (113 Essex St. light)

From Route 80 West to Vanguard Physician Offices

- 1. Head west on Route 80 towards Paterson
- 2. Take exit 64A for NJ-17N towards Rochelle Park/Paramus
- 3. Merge onto NJ-17N
- 4. Take exit towards Essex St./Maywood/Saddle Brook
- 5. Turn left onto Essex St.
- 6. Make a left at light (113 Essex St.) to get into parking lot

From Route 46 to Vanguard Physician Offices

- 1. Take Route 46 to Route 80
- 2. See directions above for Route 80 East